



SUMMER LEADERSHIP RETREAT PACKING LIST

- Favorite snacks
 - Table games, cards, dominoes
 - Toothbrush, toothpaste & floss
 - Modest Swimsuits (No girls' 2-piece, no Tankinis, no cleavage, no midriff)
 - Prescribed medication (In original pharmacy package)
 - Hat/cap **(no doo-rags)**
 - Belt (snug fitting)
 - Big smile
 - Bath Soap & Deodorant
 - Lotion
 - Comb & hair care products
 - Tennis shoes
 - T-shirts (8) (Any text or images must be positive)
 - Walking shorts (8) (no shorts above mid thigh, no tight form-fitting garments)**
 - Underwear (10)
 - Athletic socks (10)
 - Bath towel (2)
 - Washcloth (2)
 - Shower shoes (**“flip-flops” are not to be worn for outdoor activities—they break too often and offer too little protection for the feet, resulting in unnecessary injuries.**)
 - Bible (modern translation)
 - Flashlight
 - Sunscreen (at least 15 SPF)
 - Shower cap
 - Shampoo
 - Mosquito Spray
 - Twin bed sheets
 - Twin bed blanket
 - Pillow & pillow case
 - Eye glasses
 - Re-usable Water Bottle
 - Laundry Bag**
 - Pajamas or sleep wear (2)
- } Or Bring
Sleeping Bag
Instead of Linen

Items not to bring to camp

- Cell phones, ipads
- Portable listening devices
- Portable viewing device/t.v.
- Weapons of any kind
- Video games
- Valuables
- Sagging pants
- Doo-Rags
- Computing devices
- Squirt guns
- Airsoft guns
- Alcohol, tobacco, illegal drugs
- Fireworks
- Pets
- Chewing Gum
- Stuff you can't take to school
- Spaghetti Straps
- Tight tank tops / Crop tops